

LETHBRIDGE PRIMARY SCHOOL

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Newsletter No. 2

16th February 2024

Care Respect Collaboration Resilience

Lethbridge Primary School acknowledge the traditional custodians of our school lands, the Wadawurrung people, and pay our respects to Elder's past, present and future.

February	Monday	19	Foundation photo – Geelong Advertiser & Golden Plains Times
	Tuesday	20	MARC Van
	Tuesday	20	4.30-5.30pm Family Meet and Greet event
	Tuesday	20	6.30pm School Council meeting – existing members
	Friday	23	3pm Assembly FAMILIES WELCOME
March	Monday	4	Athletics Day!
	Tuesday	5	MARC Van
	Wednesday	6	Parent Teacher Interviews
	Friday	8	Visiting Artist
	Monday	11	Labour Day NO STUDENTS AT SCHOOL
	Thursday	28	Last day of Term 1 – 2.30pm dismissal

FAMILY FUN!

We are looking forward to welcoming all families to our Family Meet and Greet event on **Tuesday February 20; 4.30-5.30pm**. There will be activities set up for everyone to enjoy so please wear your sneakers and a hat! We are excited to have Mr ProWhipp and the Flying Bean Coffee Vans on site with us!

SCHOOL COUNCIL ELECTIONS

At the beginning of each school year, schools lead the School Council election process. School Council members add value and bring their expertise and skills to help with the governance of the school.

School Council provides an essential role in decision making regarding school policies, which helps to set the direction of the school. Parent input at School Council meetings ensure that we make decisions that represent the voice of our community. This year we have **5 Parent Vacancies (for 2-year term of office)**. We also have 2 staff vacancies for two years and 1 staff vacancy for one year.

I would like to thank those members who have completed their current term and would encourage each to consider re-nominating as parent or community members as all have been exceptional contributors to our Council. Thank you Tom, Alex, Mandy, Mistral for their excellent contributions you have made to our School Council. I also wish to thank Meagan, Melissa and Scott for their contribution as staff members of School Council.

I am seeking nominations from parents who are interested in joining our School Council. Nomination forms are available from the office. Our School Council is required to meet eight times throughout the year; usually twice per term. We usually meet on a Tuesday evening. Our Notice for Election and Call for Nominations form is on display at the school office.

Nominations will close at 3.30pm on Thursday February 22, 2024. Forms are available from the office. In an event that we receive more nominations than the vacancies allow, a ballot will be required. If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Parents who would like to know more about School Council are most welcome to contact me at the school. Please feel free to speak with me before or after school at the gate or contact me through the office on 5281 7214.

Our existing School Council will meet on Tuesday February 20 at 6.30pm.

YEAR 4 and 5 CAMP REFLECTIONS

Last week, our Year 4 and 5 students returned from camp! Our Year 4 students travelled to Coastal Forest Lodge in Anglesea for a fun-filled camp by the coast, and our Year 5 students visited Cave Hill Creek in Beauford. It has been wonderful to hear their entertaining stories since their return. I have heard about a bush dance, surfing, kayaking, yabbing, damper, hut building and a ropes course. It certainly sounds like they were kept very busy and conquered many challenges. I am very proud of the way our students represented our school using Care, Collaboration, Respect and Resilience.

Family Meet & Greet

Tuesday February 20

4:30 - 5:30pm

Families are welcome to join us for our annual 'Meet and Greet' event!

This is a wonderful opportunity to meet staff and other parents.



Mr ProWhipp and the Flying Bean Coffee vans will be onsite!



I would like to thank Mrs McKenzie and Mrs Henderson for supporting the students at camp. I appreciate your support for our students, particularly your willingness to spend time away from your own families.

Some of our students also shared their reflections during our Assembly last week. You can read about the student reflections later in this newsletter.

SCHOOL SPORTING EVENTS – TERM 1

Mrs Palmer has been busily preparing for our whole school sport events.

We have a very busy term ahead of us in the sport area and the students have already begun practising for the Lethbridge Primary School Athletics Carnival during P.E. lessons. Some students have also used their lunchtime to improve athletics skills!

This year The Lethbridge Athletics Carnival will take place at the school on **Monday March 4**. We would love for you to attend and support the students participating in each of the events.

The P/1 students will participate in a junior version of athletics, where we will focus on having fun, building skills and participation. This will take place between 9am and 11am.

The Year 2-6 students will participate on the same day, from 11:30 am onwards in more traditional athletic events and we will be looking for students to represent our school at the District Athletic Sports later in the term.

If you are interested in helping at these events, we would love to hear from you. Please contact the office or send a note with your child to let us know.

Lethbridge Athletics Carnival

When: Monday March 4, 2024

Where: Lethbridge Primary School

Time:

P/1: 9:00am - 11:00am

Years 2-6: 11:30am - 3pm (inclusive of a lunch break 1:30 – 2:20pm)

STUDENT LEADERS FOR 2024

Over the past two weeks, Year 6 students have been working hard to apply for our Student Leadership positions. During break times, students have used their initiative to meet with me to ask clarifying questions and gain feedback when editing their written application letters and developing their speech.

Earlier this week, the applicants addressed our students in a special assembly. This was an opportunity for our students to hear from each applicant and vote for who they believe will be our most effective student leaders for 2024.

During their speeches, I reflected on their impressive persuasive language and suggested improvements to our school.

- Jackson D spoke about wanting to make others feel special. He is hoping to help organise House Games.
- Jaxen focused on supporting everyone to make 2024 the best year at LPS and described himself as determined and hard working.
- Jasper spoke about being a role model for others and focusing on listening before taking action.
- Saige described her skills in bouncing back and being helpful and reliable.
- Briah focused on her skills to respect other people's ideas.
- Tomas enthusiastically shared his love for sport. He spoke about his skills in facing challenges and supporting others.
- Alex's speech focused on role modelling behaviours and providing encouragement to others.
- Ruby focused on describing her skills as a team player, using kindness and respect to support others.
- Jai used an inspirational quote to open his speech and spoke about his SRC experience in giving his time to others to have a positive environment at LPS.
- Dyer's speech focused on taking pride as a leader and encouraging others to support them.
- Cassidy shared her interest in fundraising to improve our school, through pyjama days and icecream parties.
- Zav spoke about loving our school, looking forward to helping other people and supporting others during lunch time clubs.
- Heath acknowledged past captains and their inspiration for him to consider leadership. He spoke about listening and helping others.
- Beau described his past experiences in representing our school at sporting events. He spoke about his willingness to work collaboratively with staff and the SRC to support the school.
- Bryon shared his eagerness to organise and lead lunch time clubs to support other students.
- Fraser described himself as a problem solver who helps other people to smile.
- Jenna shared her experiences in representing the school and her helpful approach. She hopes to organise games during break times.

PARENT / TEACHER INTERVIEWS

Our Parent / Teacher Interviews have been scheduled for Wednesday March 6. The purpose of these interviews will be to share learning goals for 2024. These interviews are also an opportunity for parents to share any relevant information with your child's teacher. We schedule interviews in terms 1 and 3, however please contact your child's teacher if you have questions or concerns at other times.

Interview times will be available on Sentral soon.

SMILE SQUAD VISIT

The DHSV Smile Squad team are heading back to our school on **Thursday 7th March** to complete six-monthly fluoride varnish applications. Only those students who provided consent last year will be seen. Fluoride varnish applications help make sure students have the best chance of preventing tooth decay, so we're excited Smile Squad are coming back.

Consent for this fluoride varnish application was provided when students' initial consent forms were returned in 2023. However, if anyone has changed their mind and does not wish for their child to receive a fluoride varnish application, please contact the Smile Squad team on smilesquad@dhsv.org.au. Please ensure you include your child's name and school they attend.

Take care and stay safe,
Chelsey

YEAR 4 CAMP

- I loved at camp! It was the best camp I have ever been too. My favourite activity was surfing. The best dinner was spaghetti bolognese – Nicholas
- I loved camp! My favourite activities were surfing and yabbing. The dinner was good! – Amelia
- I loved camp! It was excellent. I loved how the staff welcomed us to a new camp that I haven't been to before. I liked yabbing and I really liked surfing as well. – Austin
- Camp was fabulous. I liked that the teachers were willing to help us overnight. I liked that the staff were very supportive. I like the food at camp. – Tilly
- I enjoyed surfing at camp because it was my first time trying it and I was nervous. I thought I did a great job. – Oliver
- I really liked yabbing. Austin and I worked well together to catch a huge yabby. – Nate
- I liked all of camp! – Meadow
- I liked surfing. I liked archery and mini golf. I enjoyed the rope course. – Jordan
- I loved surfing! It was my favourite activity at camp. I loved camp. I loved archery and mini golf. – Duke
- We went yabbing at camp. I lost my hat and the yabby in the water! – Isabella
- Camp was fun. We went yabbing. We also built huts. My favourite meal was spaghetti bolognese. – Ava
- We watched a movie. My favourite activity was hut building. – Gemma
- The movie we watched was called Space Buddies. The roast dinner on the first night was delicious! Every time Duke and I threw the yabbing net out with a chicken neck, it caught a yabby. I held a lot of yabbies. – Ben



YEAR 5 CAMP

- The abseiling activity was the best because we slowly went down the cliff! – Ethan
- Camp was so much fun. The food was good, and dessert was great! I loved kayaking and abseiling. Abseiling was fun but scary too! – Grace
- We all had fun! – James
- Camp was sooooo much fun! My favourite activity was map reading. The food was good, and the cabins were luxurious. – Lottie
- Camp was so much fun! I loved the food, and my favourite activity was abseiling. I would love to stay there again. – Amelia
- My favourite food was rice bubbles and the rolls because they were tasty! – Blake
- When we went to camp, I thought it would be boring but when I tasted the food THAT changed my mind! – Will



SCHOOL COMMUNICATION

Effective communication is important to ensure the best outcomes for each child. Our newsletter is published each fortnight. We ask that you take the time to read it as it will contain celebrations of student learning, details regarding the professional development of staff and information connected to special events.

In addition to the newsletter, we also communicate through Class Dojo and Facebook. Many of our parents are already accessing Class Dojo. Class Dojo will be used as a digital portfolio so we can share and celebrate with you the achievements, successes and special events happening in classrooms. We also use Class Dojo to acknowledge positive and expected behaviours.

Our use of Sentral will continue to increase throughout 2024, particularly with communications.

Parents can also use Sentral to:

- Notify the school of absences
- Access semester reports
- Track upcoming events
- Provide permission for excursions
- Send messages to teachers
- Be notified of visits to the sick bay.

Please ensure you have downloaded the Sentral application and have registered to use it.

For new families, information to access Sentral has been shared with you. Please contact us at the office if you need support.



LATE ARRIVALS and EARLY DEPARTURES

Supervision of students is available from 8.50am. The Community OSH program is available for students who are attending school prior to 8.50am.

Our first bell at 9am indicates the beginning of learning time. It is important that students arrive to school on time to avoid significant teacher instruction time from 9am.

Students who arrive late, need to be signed in at the office by a parent or carer.

If you need to collect your child or children early from school, please notify us by contacting your child's teacher or phoning the office. This is particularly helpful if you are collecting your child during a break time or special event.

Students are dismissed at 3.20pm. Teachers will attend the front gate to speak with parents until 3.30pm to share successes and discuss any concerns. This is a wonderful opportunity to make contact with your child's teacher on a regular basis.

SAFETY AT SCHOOL

To support the safety of our students, please use the pathways to enter and exit the school. The carpark should not be used to enter and exit the school.

It is wonderful to see so many students enjoying physical activity on bikes and scooters. For the safety of our students and families:

- Bikes and scooters are to be walked when inside the school grounds
- Bikes and scooters are to be walked between the tennis court and the turning circle along Stephenson Street
- Helmets must be worn.

Please use the turning circle to turn around when departing. Car parks on Stephenson St are clearly marked and the turning circle needs to be clear for moving vehicles.

PARENT PAYMENTS

Thank you to all of the families who have already contributed to essential learning materials and voluntary payments. We are very appreciative. These contributions support us to provide effective programs for our students. Parents wishing to make contributions towards the Parent Payment Arrangements for 2024 are welcome to contact the office by phone or visit us in person.

HEALTH AND HYGIENE

While at school, students are supported with health and hygiene protocols such as using hand sanitiser. Throughout our learning spaces, we also have air purifiers and encourage ventilation through classrooms during the school day.

It is recommended that staff members, students or visitors who have symptoms of cold, influenza or COVID-19 undergo testing for COVID-19. Parents of symptomatic students will be contacted to collect their child from school and keep them home until they are no longer symptomatic.

There is at present an increase in community transmission of COVID-19 in Victoria.

You can help us keep our school as safe as possible by taking 2 important steps:

1. Ensure your COVID-19 vaccinations are up to date. Information on how and where to get vaccinated is available on the Get Vaccinated webpage.
2. If your child shows symptoms of COVID-19, please ensure they stay home and get tested. The easiest way to test is to use a rapid antigen test (RAT). Free RATs are available from your local council where you can collect 2 packs of 5 RATs and an extra 2 packs for each person in your household. People with disability and their carers can get 4 packs of 5 RATs. You are not required to have a Medicare card and you can collect RATs as many times as you need. You can also buy RATs at supermarkets, pharmacies and other retailers.

If your child has symptoms but tests negative, please ensure they stay home until they no longer have symptoms.

If the RAT test result is positive, please ensure they stay home for at least 5 days and until there are no more symptoms.

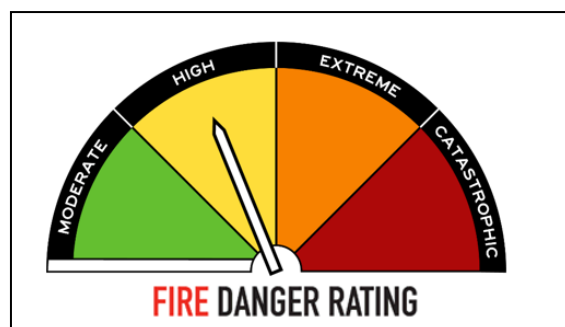
SCHOOL PREPARATIONS FOR THE BUSHFIRE SEASON

Each year, to prepare for bushfires and grassfires, schools and early childhood services complete a range of activities.

The Department of Education runs an annual fire risk assessment of schools and early childhood services. They are allocated a category of risk (categories 0 to 4) and are published on the Bushfire At-Risk Register (BARR).

All schools and early childhood services listed on the BARR and Category 4 list will also close when a Catastrophic fire danger rating day is forecast in their fire weather district.

When the Bureau of Meteorology provides public fire danger rating forecasts or fire weather warnings, they use fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries. Our school is in the **Central district**. As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan, and completed preparation tasks such as clearing the guttering of our buildings.



What does this mean for our school?

Our school has been identified as being at risk of bushfire or grassfire and is a Category 4 school.

Our school will **close** on a day forecasted as Catastrophic fire danger rating in the Central fire district.

What is the department's policy?

The department's [Bushfire and Grassfire Preparedness Policy](#) requires all schools and early childhood services on the BARR and the Category 4 list to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

When will our school be closed due to Catastrophic fire danger?

Our school will **close** on a day forecasted as Catastrophic fire danger rating in the Central fire district.

Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day. Any information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by via Sentral and Class Dojo.

Once confirmed, the decision to close will not change, even if the weather forecast changes. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- Out-of-school-hours care will also be cancelled on these days.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

Families are encouraged to action their Bushfire Survival Plan on Catastrophic fire danger rating days. **On such days, children should never be left at home alone or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

What can families and the school community do to help us prepare?

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with us by reading our newsletters, and checking notifications regularly on Sentral and Class Dojo.
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is **closed** due to elevated fire danger or closed due to a Catastrophic fire danger. Further information can be found on the [CFA's website](#).
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to [them about bushfires](#) and your family's bushfire survival plan.

You can find more information on emergencies, warnings and preparedness actions here:

- VicEmergency app – that can be downloaded on your android and iOS mobile devices
- VicEmergency Hotline (1800 226 226)
- Website <https://emergency.vic.gov.au>
- Facebook (<https://www.facebook.com/vicemergency>)
- Twitter (<https://twitter.com/vicemergency>)
- ABC local radio, Sky News and other emergency broadcasters

STUDENTS OF THE WEEK

Our Students of the Week are published in the Newsletter prior to the certificates being presented at Assembly. This helps to inform parents who wish to attend the Assembly. The Students of the Week below will be presented with their certificate at Assembly on Friday February 23.

Term 1, Week 1

P/1 B	Aria For being a responsible role model and displaying the school values for her new classmates. Keep up the excellent effort Aria!
P/1 MC	Kip Using whole body listening when others are talking. Keep it up Kip!
2/3 B	Ruby-Rae For taking such good care of our classroom, working hard to keep things neat and tidy. Thanks for helping to make our learning space a lovely place to be Ruby-Rae!
3/4 M	Meadow For actively welcoming new students to our school. Thank you for showing our school values Meadow!
5/6 H	Kassidy For demonstrating care and respect towards your peers. Keep up the wonderful work, Kassidy!
5/6 O	Austin For demonstrating respect and perseverance during the BioLab excursion. I loved seeing your effort to overcome challenges and work hard to achieve your goals. Well done, Austin!
P.E. Award	Angus His positive attitude toward high jump and giving it a good go. I am so proud of you Angus!
STEM Award	Cyrus The enthusiasm he had shown during his first STEM class. What an amazing beginning to school Cyrus!
Principal's Award	Harlow For her positive attitude towards returning to school!

Term 1, Week 2

P/1 B	Brianna For consistently displaying kindness and care in the classroom to her friends. Keep up the great work Brianna.
P/1 MC	Bailey Being a role model to your classmates by showing kindness and respect all of the time. Well done Bailey!
2/3 B	Archie For being such a thoughtful and kind member of our class who always listens and speaks respectfully. Thanks for setting a wonderful example for your classmates Archie!
3/4 M	Jordan For respectfully sharing feedback with your class mates. Well done Jordan!
5/6 H	Blake For being a role model at Year 5 camp! You demonstrated compassion and enthusiasm when participating in all activities. Amazing effort, Blake!
5/6 O	Beau For modelling our school values by demonstrating respect, care for others, and being a positive influence in class discussions. Congratulations, Beau! You've shown great skills and leadership.
P.E. Award	Zav His positive attitude toward high jump and giving it a good go. I am so proud of you Angus!
STEM Award	Jesse Bringing in his froglets to school and presenting them to his own class, as well as to the Prep/One students. Thank you, Jesse!
Principal's Award	Ava For her persistence, effort and growing confidence to speak at Assembly.

Term 1, Week 3

P/1 B	Ragnar For showing initiative to learn to write your name. Ragnar I am SUPER impressed! Keep up the excellent effort!
P/1 MC	Jannali Demonstrating a positive attitude this week and encouraging others to do the same. Keep smiling Jannali.
2/3 B	Billy For putting in an amazing effort in Writing, producing a fantastically detailed and thoughtful persuasive text. Keep up the great work Billy!
3/4 M	Levi For your enthusiasm and positive attitude in Mathematics sessions.
5/6 H	Jaxen C For demonstrating leadership skills and kindness. Your willingness and determination to improve your learning is truly outstanding. Keep up the amazing work, Jaxen!
5/6 O	Ruby For caring for our school community by helping classmates, sharing your ideas, and always giving 100%. Wonderful efforts, Ruby! Keep up the amazing positive attitude.
P.E. Award	Jai For his willingness to train for athletics in his own time. I love your enthusiasm Jai!
STEM Award	Jarvis P For his enthusiasm when helping to present froglets to the Prep and One students. Fantastic Jarvis!
Italian Award	Fraser His enthusiasm to learn the Italian Language. Keep up the great work Fraser!
Principal's Award	Jackson D For his courage in being first to present his Captaincy speech.



AT-SCHOOL MUSIC

Learn at school, during school & without leaving school

Pat Wheeler is at Lethbridge Primary School on Fridays to conduct instrumental music sessions with individual students.

Key information

Piano, drums and beginner guitar are available.

To register and make a booking:

Bookings and payments are managed directly by At School Music.

Go to atschoolmusic.au and complete the enquiry form at the bottom of the page.

Staff at At-School Music will contact families directly using information provided by parents in the website enquiry submitted.

CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance (\$150 for Primary school students) is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

To be eligible for the fund you must:

- on the first day of Term one, or;
- on the first day of Term two;
- a) Hold a Veterans Affairs Gold Card, Centrelink Health Care Card (HCC), Pensioner Concession Card (PCC), OR
- b) Be a temporary foster parent, and
- c) Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

If you applied for CSEF at Lethbridge Primary School last year, you do not need to complete an application for this year, unless there has been a change of family circumstances. You only need to complete an application form if any of the following has occurred:

- new student enrolments; your child has started at Lethbridge Primary School in 2023.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year (eg prep students)

Please contact the office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

CONVEYANCE ALLOWANCE

The conveyance allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Eligibility

An application on behalf of a student may be submitted if the student is:

- a Victorian resident;
- school aged and enrolled (3) three or more days per week at a school; and
- attending a school/campus located outside the Melbourne metropolitan conveyance boundary

A student who meets the above requirements may be eligible if they:

- attend their nearest or designated neighbourhood government school/campus appropriate to their year level, at which admission is permissible, and
- reside 4.8km or more by the shortest practicable route from the campus attended

For further information regarding the Conveyance Allowance Program see: <https://www2.education.vic.gov.au/pal/conveyance-allowance/policy?Redirect=1>

If you think you may be eligible for Conveyance Allowance, please see Meagan in the office.

COMMUNITY NOTICES

BANNOCKBURN
Movie
AFTERNOON
FREE ADMISSION!



SCAN QR CODE FOR TICKET

Saturday
24th February
1pm-5pm

Bannockburn Cultural Centre
27 High Street, Bannockburn
 Food Trucks - Face Painting
 Animal Petting Zoo
 LIVE Music
 Featured Movie title:
The LEGO Movie
 Movie will start at 2pm!
 Rated Parental Guide (PG)

VICTORIA
 State Government

"The Outdoor Theatre was funded by the Victorian Government as part of the Victorian Government's Crime Prevention Strategy."



GOLDEN PLAINS SHIRE

TENNIS LESSONS

Where: Lethbridge Tennis Club
 When: Tuesdays

ANY AGE ANY ABILITY

\$5 - GROUP LESSONS
\$20 - PRIVATE LESSONS

CONTACT US

0430 726 486
 allcourttennis1@gmail.com

SECONDARY SCHOOL TOURS



Year 7 Enrolment Information Evening
 Tuesday 5 March, 2024 from 6:00pm to 7:30pm

Open Day Tours
 Wednesday 6 March, 2024: 9:30am to 10:30am

Selected Entry Advanced Learning Program Information Evening
 Tuesday 26 March, 2024: 6:30pm to 7:30pm

For further information, contact our office on
 (03) 4243 0500 or
 matthew.flinders.girls.sc@education.vic.gov.au



Matthew Flinders Girls Secondary College



Come and See
OPEN DAYS 2024

**Wednesday 13, Friday 15
 and Friday 22 March 2024**

Multiple Information and Tour Sessions

Bookings are essential
 and can be made online from
 Wednesday 31 January 2024

clonard.vic.edu.au



Kildare EDUCATION MINISTRIES
 Life begins today





ST JOSEPH'S COLLEGE GEELONG

COLLEGE TOURS

St Joseph's College Geelong invite you to join our College Tours this semester.

We are proud to continue offering an innovative education, and we welcome all senior primary school boys and their families to come and visit us.

Year 7 applications for 2025 are now open, apply via the college website.

Bookings essential, register via our College Website: sjc.vic.edu.au



Tours commence at 9:00am

Monday 18 March Wednesday 20 March
Tuesday 26 March Wednesday 27 March
Wednesday 17 April Friday 19 April

PARENT EDUCATION EVENTS

GEELONG and BARWON
SOUTHWEST REGION



TERM 1, 2024

All Regional Parenting Service programs along with MELI (*formerly Barwon Child Youth & Family (BCYF) and Bethany*), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

BRINGING UP GREAT KIDS

The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive self-identity.

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

BRINGING UP GREAT KIDS

Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent;
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes;
- Develop skills to identify and manage their stress associated with parenting.

OUR KIDS – Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself;
- your relationship with your partner;
- your relationship with your kids.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- how you can promote resilience;
- increase awareness of your family's strengths;
- create and nurture positive family relationships;
- give feedback to support individual growth.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

NO MORE SCAREDY CATS

Reducing Anxiety and Building Resilience in Children

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens;
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- remain empathetic and stay connected.

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- what teens need from parents;
- adolescent development.

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-to-be (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uk/en/triple-p/

STRENGTHENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.

Parent Education Events

Term 1, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
The Dad Workshop	Online via Zoom	Tuesdays 6 Feb – 12 Mar	7.00pm - 9.00pm	 <p>Regional Parenting Service www.geelongaustralia.com.au/parenting Ph: 5272 4741</p> 
Tuning in to Kids	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Wednesdays 21 Feb – 27 Mar	7.00pm - 9.00pm	
Circle of Security	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Thursdays 8 Feb – 28 Mar	7.00pm - 9.00pm	
Bringing up Great Kids - Adolescents	Online via Zoom	Wednesdays 7 Feb – 13 Mar	7.00pm - 9.00pm	
Flourishing Families	Online via Zoom	Thursdays 15 Feb – 14 Mar	7.30pm - 9.00pm	
Bringing Up Great Kids - First 1000 Days	Online via Zoom	Tuesdays 20 Feb – 19 Mar	7.00pm – 8.30pm	
To express your interest for the following programs please scan the QR code				
No More Scaredy Cats Stepping Stones Tuning in to Teens Bringing Up Great Kids				
Our Kids – Parenting after Separation	Family Relationship Centre 7 Ryan Place, Geelong	Tuesdays 13 Feb – 19 Mar Thursdays 15 Feb – 21 Mar	12.00pm – 2.00pm 5.45pm – 7.45pm	 <p>Family Relationship Centre www.catholiccarevic.org.au Ph: 5246 5600</p>
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		 <p>Drummond Street Services ds.org.au/events/</p>

Parent Education Events

Term 1, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Tuning in to Kids	Kurrambee Myaring Community Centre, 12 Merrijig Drive, Torquay	Thursdays 15 Feb – 21 Mar	12.30pm – 2.30pm	 <p>MELI Meli, the new name for BCYF and Bethany www.bcyf.org.au Ph: 5226 8900</p> 
Circle of Security	Poa Banyul Community Hub 110-122 Unity Drive, Mount Duneed	Tuesday 13 Feb – 19 Mar	9.30am - 11.30am	
Strengthening Family Connections	Lethbridge Primary School 2 Stephenson St, Lethbridge	Wednesday 7 Feb – 27 Mar	TBA	
Bringing Up Great Kids	Leopold Child & Family Centre 31-39 Kensington Rd, Leopold	Thursday 15 Feb – 21 Mar	9.30am – 11.30am	
Tuning in to Teens	Meli 16 Ballarat Road, Hamlyn Heights	Tuesdays 13 Feb – 19 Mar	12.30pm - 2.30pm	
To express your interest for the following programs please contact MELI				
Baby College Bumps to Bubs Bubs to Tots				
Circle of Security (Abbreviated)	Childrens Services Building	Wednesdays 21 Feb – 27 Mar	6.30pm – 8.30pm	 <p>CatholicCare Victoria – Warrnambool www.catholiccarevic.org.au Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au</p>
Circle of Security	Moyne Shire - Location TBC	Tuesdays 20 Feb – 26 Mar	5.30pm – 7.00pm	
Living with Teens	Online via Zoom	Thursdays 8 Feb – 22 Feb	6.30pm – 8.30pm	