

LETHBRIDGE PRIMARY SCHOOL

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Newsletter No. 11

6th May 2022

Care Respect Collaboration Resilience

Lethbridge Primary School acknowledge the traditional custodians of our school lands, the Wadawurrung people, and pay our respects to Elder's past, present and future.

May	Mon-Fri	10-13	NAPLAN for Year 3 and 5
	Saturday	14	Bunnings BBQ Fundraiser
	Tuesday	17	School Council meeting – 6.30pm
	Thursday	26	Flinders Lightning Premiership TBC

School Communications



Parent permission for school events now available on Sentral.

WELCOME BACK!

Welcome back for term 2! It has been wonderful to see everyone back at school over the past two weeks. Our students have settled incredibly well after the well-deserved break!

MOTHER'S DAY STALL

Today our students visited the Mother's Day Stall to purchase a special gift! Many thanks to the parents who have helped us by wrapping gifts and supporting students at the stall. We really appreciate your support!



SCHOOL FUNDRAISER - BUNNINGS BBQ

We are very excited for our upcoming fundraiser- a Bunnings BBQ. This is an incredible opportunity for our school!

Saturday May 14 - Bunnings at North Geelong
We are looking for parents/friends/grandparents who can help us by volunteering at the BBQ for 1-2 hours:

- customer service
- food handling
- money handling
- cooking on the BBQ

Bunnings rules stipulate that if you are handling food or cooking, you are unable to assist with money or payments.

We currently need 3-4 people to assist between 10am and 4.30pm. We would appreciate your help for 1-2 hours.

If you are able to help, please call 5281 7214 or email lethbridge.ps@education.vic.gov.au with your preferred time and role.

We look forward to hearing from you!!

CAMPS

Last week, our Year 4 students attended camp at Coastal Forest Lodge in Anglesea. They had a wonderful time with students and staff from other local schools. Thank you to Ms Marriner for supporting students at the camp.

You can read about their experiences later in our newsletter.

Earlier this term, some of our Grade 6 students attended a 9-day camp at Somers. Somers Camp focuses on the personal and social capabilities, to progress student understanding of sustainable practices and to enhance their ability to meet challenge and change by encouraging resilience. Activities include archery, rock climbing, boating, bike education, bush craft and orienteering. Thank you to Mr Williams for supporting our students at Somers Camp!

SCHOOL HOUSES & TOKENS

After the success of tracking House points in term one, our House Captains have implemented their

initiative to encourage and acknowledge positive behaviour across our school. In Term 1, students gained points for their House at our school Athletics Day and Cross Country.

In Term 2, the House Captains have introduced 'House Tokens'. House Tokens are awarded in classrooms and in the yard to acknowledge positive behaviours that align to our school values.

We have already awarded tokens to students sharing kind words with others, being collaborative in the yard and looking after our school environment. Last week, our House Captains visited each class to introduce students to the token system. They will be updating our House Points display on a regular basis to identify one House for House Reward each month!



ZONES OF REGULATION

This term, we are introducing a school wide approach to support student social and emotional learning. The Zones of Regulation is an approach and teaching tool to help students better understand their emotions and strategies for regulation. The goal of The Zones is to help students develop social, emotion and sensory regulation. This system is designed to categorise the complex feelings of students and supports their ability to recognise and communicate how they are feeling in a safe, non-judgemental way.

The Zones

Blue Zone: is used to describe low states of alertness, such as feeling sad, tired, sick or bored. This is when one's body and/or brain is moving slowly or sluggishly.

Green Zone: is used to describe a regulated state. A person may be described as clam, happy, focused or content. This is the zone that students generally need to be in for effective learning and for social situations. Being in the Green Zone shows control.

Yellow Zone: is used to describe a heightened state of alertness, with some control. A person in the yellow zone may be experiencing some stress, frustration, anxiety, excitement nervousness or confusion.

Red Zone: is used to describe extremely heightened states of alertness or very intense feelings. A person may be experiencing anger, rage, panic or show explosive behaviours. Being in the red zone is best described by not being in control of one's body.

All classes will be exploring the Zones of Regulation this term. This is an opportunity for teachers to support students in building their understanding of The Zones of Regulation, recognise emotions and strategies for regulation.

The ZONES of Regulation™

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Relaxed	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control

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From The Zones of Regulation™ by Leah M. Kuyper • Available at www.socialthinking.com

ASSEMBLY & NEWSLETTER CHANGES

This term, we are trialling a new approach to newsletters, school Houses and assemblies.

Our school assemblies will be held fortnightly to accommodate a House approach in strengthening the collaboration between students across year levels. Our House Captains will lead a range of activities to support the connections between students and all students will have the opportunity to gain House points.

We will use fortnightly assemblies to inform the community of updated House point tallies.

Our Newsletter will also be published fortnightly, with further communications shared on Sentral.

ENROLMENTS OPEN

Do you have a relative, friend or colleague ready to enrol their child at school? Enrolments at Lethbridge Primary School are open for 2023. We encourage all interested families to visit us for a tour to learn about our school, community and ask questions.

SCHOOL UNIFORMS

As the weather begins to get cold towards winter, please remember to label your child's belongings their name. We have a range of lost property in the office that has remained unclaimed as it isn't labelled with a child's name.

At the end of this term, all lost property will be packaged for donation.

ATTITUDES TO SCHOOL SURVEY

In late May, our Year 4-6 students will participate in the Attitudes to School Survey. This survey is an important resource for our school to understand the student perspective and action improvements. Information has been sent home to families regarding this survey.

YEAR 7, 2023

Year 6 to Year 7 Transition Packs have been distributed to families. Please return your child's form by May 13.

COVID-19 VACCINES

Vaccination is another key component to protect students and staff in school settings.

Vaccinations for children aged 5 to 11 are open and third dose vaccinations for 16- to 17-year-olds are now available. There are lots of convenient options to access vaccinations. These include state-wide vaccination hubs, your local GP or pharmacy. You can book your appointment in a few different ways, including:

- * online: coronavirus.vic.gov.au/vaccine
- * by phone: 1800 675 398 (Coronavirus Hotline)
- * In person: talk to your local pharmacy, doctor, or attend a state-wide vaccination hub.
- * using the COVID-19 Vaccine Clinic Finder - COVID-19 Vaccine Clinic Finder | Australian Government Department of Health

In addition, schools provide a trusted place among the community to access vaccination, particularly for families who may experience language or social barriers.

Following successful implementation of school pop-up clinics at the commencement of Term 1, more than 230 schools across Victoria are currently hosting mini-vaccination clinics led by GPs and pharmacists. Many of these clinics will also make vaccinations available the broader school community, inclusive of families of students and school staff.

SCHOOL COMMUNICATION

Please ensure you have downloaded the *Sentral* application and have registered to use it.



PARENT PAYMENTS

Thank you to the families who have already contributed to essential learning materials and voluntary payments. We are very appreciative of the timely manner of these payments. Parents wishing to make contributions towards the Parent Payment Arrangements for 2022 are welcome to contact the office over the phone or visit the office in person.

*Take care,
Chelsey*

GRADE 4 CAMP

Hi, my name is Ruby,
It is the 27th of April, the first day of school. The grade fours got on the bus at 8.30 to go to the Coastal Forest Lodge in Anglesea. Everyone was nervous and excited!

We went with Shelford, Meredith, Anakie and Wangala primary schools.
On the first day, we did archery, hut building and mini golf. Everyone in my hut group got drenched because our hut was NOT waterproof! We did a bush dance after dinner which was awesome.
The next day we went surfing which was so fun! It was funny watching other people fall off their boards and crash into each other. The wetsuits were very tight, and my feet were numb. After that, we went to warm up in the showers and watch a movie.

On the final day, we packed up all our stuff, saw the animals that the camp had such as donkeys, horses, sheep and llamas. We fed them, and luckily they didn't bite us. After that we went for a bushwalk around the camp seeing lots and lots of kangaroos.

Then we went on the bus home. Before we got home, we went to the Great Ocean Road Chocolate factory and tried some chocolates. My favourite was the jelly snake coated in milk chocolate. We arrived back at Bannockburn at 3.30 tired and ready for bed.

Camp was so fun. Thank You to Ms Marriner for coming along and taking good care of us.

Ruby Hellawell

IMPORTANT INFORMATION FOR PARENTS

To assist your decision making in relation to your child's education for 2023 and beyond, please find below a link to the 76 page 2022 edition of the Geelong Schools Guide.

<https://victoriaschoolguides.starcommunity.com.au/geelong-education/>



M.A.R.C Award	Matilda For looking after her MARC Books
	Harmoni For a Great "Worlds Best Parent" Character
	James L For looking after the books in MARC
	Briah For showing enthusiasm in MARC
	Ava For remembering to return to return her books

STUDENTS OF THE WEEK

Term 2 - Week 1

Term 2 - Week 2

Prep / 1M	Lian For a fantastic transition into our classroom Congratulations Lian!
Prep / 1F	Matilda For her fantastic attitude to all challenges and a great job with learning the Zones of Regulation. Well done Matilda!
Grade 2 / 3B	Mack For displaying such an enthusiastic and inquisitive attitude to our new House point system. It was great to see you take this on immediately Mack! Keep up the great work!
Grade 2 / 3W	Ryan For your enthusiasm and participation in class this week. Good Job, Ryan
Grade 4 / 5M	Heath For being an enthusiastic surfer on Grade 4 camp. You showed determination and perseverance and managed to stand up on a lot of waves! Awesome effort surf grommet!
Grade 5 / 6R	Heidi For showing inclusivity, kindness and a great work ethic. Thank you for making sure all members of our class feel involved and valued.
Art	Tilly For her input and creative design on her clay artwork
Italian	Mia For confidently having a go at counting in Italian. Brava!
STEM	Ashley G For problem solving during our Mars Rover Lego Challenge
Principal's Award	Mack For his support in caring for our school environment.

Prep / 1M	Gracie K For showing resilience with her addition in mathematics, listening to feedback and making adjustments to improve her understanding. Congratulations Gracie!
Prep / 1F	Amelia D For displaying great resilience and settling back into the term wonderfully. Amazing work Amelia!
Grade 2 / 3B	Ava For being in the green zone all week with your learning. Keep up the great work, Ava!
Grade 2 / 3W	Levi For participating positively throughout every lesson with Mrs Connors this week. Great Job, Levi!
Grade 4 / 5M	Jaydan For being a great role model. You always demonstrate kindness and manners in class. Well done, Jaydo!
Grade 5 / 6R	Jewel For settling into her new school with a great level of positivity and engagement. We are so lucky to have you, Jewel!
Art	Angus For your incredible day design. Your attention to detail was absolutely fantastic. Well Done.
STEM	Evie & Larni For their brilliant work on their butterflies and their ability to camouflage.
Physical Education	Ruby H For displaying her great basketball skills
Principal's Award	Jack For his resilient and positive attitude towards learning!

2ND - 6TH MAY 2022

COMMUNITY OSH NEWSLETTER



LETHBRIDGE PRIMARY SCHOOL

THIS WEEK OF TERM WE HAVE CHOSEN THE THEME COMPOSTING AS IT'S COMPOSTING AWARENESS WEEK. THIS HAS INCLUDED ACTIVITIES LIKE A COMPOST SCAVENGER HUNT AND AN INDOOR SOIL-ARIUM TO WATCH HOW MATERIALS BREAK DOWN.



WE LOOK FORWARDS TO SEEING YOU NEXT WEEK!

HAVE A GREAT WEEKEND, JADE AND BRYDIE

TO ENROL & BOOK, LOGIN OR CREATE YOUR ACCOUNT AT
WWW.COMMUNITYOSH.EDU.AU OR EMAIL ADMIN@COMMOSH.EDU.AU



IGNITE A PASSION FOR THE GAME!

LETHBRIDGE AUSKICK

Stephenson St, Lethbridge, 3332

Wednesday 4:30 - 5:30

Sharon Boyd

0421 609 246 or lethbridgejuniorfooty@gmail.com

play.afl/auskick

Don't miss

 **Entertainment**

LAITHWAITES
WINE

BONUS GIFTS: 4 Glasses + Gold-medal Shiraz worth \$105.
Plus SAVE \$144



BUY NOW

Order NOW for FREE Delivery

Exclusive offer for Entertainment Members!

The days are getting cooler... Autumn is definitely here! So don't miss this special offer from Laithwaites on 12 rich reds, perfect for sharing over a platter of delicious Autumn fare. PLUS enjoy a **bonus Gold-medal Shiraz & 4 bonus Dartington Crystal Stemless Glasses**, all delivered to your door – for just **\$129.99!**

Thanks to Laithwaite's you'll get:

- **12 premium-quality reds**, including stunning Gold-medal favourites like John Quarisa's bestselling **TRIPLE Gold Caravan Petite Sirah** and the majestic **Old Red River Gum Cabernet Shiraz** with Gold and a Trophy for \$10.83 a bottle. You save a huge \$144.
- **A bottle of the superb Gold-medal Fullylove Pyrenees Shiraz and 4 FREE Dartington Crystal Glasses** (together worth \$105) so you and your guests can enjoy your wines in style.
- **Free delivery** to your door.
- **100% money back guarantee!** – to allow you to discover great wines with confidence.



Be quick - this exclusive offer expires 30th June 2022

Stocks are limited, order now!

Mixed and all whites' cases are also available.
Plus, all wines are covered by a
100% money-back guarantee!

Hurry, order online or call **1300 762 832**
quoting code **'6920001'** now.

BUY NOW

