
LETHBRIDGE PRIMARY SCHOOL

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Newsletter No. 11

22nd April 2016

CALENDAR:

April	Monday	25	ANZAC Day Holiday
	Thursday	28	Personal Development – Year 5/6 Book Club Orders Due
	Friday	29	MVA Winter Sports – (3-6)
May	Monday	02	Sunsmart Ends
	Wednesday	04	MARC
	Thursday	05	Personal Development – Year 5/6
	Monday	09	LOTE
	Tuesday	10-12	Naplan Week
	Thursday	12	Personal Development – Year 5/6
	Friday	13	MVA Winter Sports – Year 3-6
	Tuesday	17	School Council
	Wednesday	18	MARC
	Thursday	19	Personal Development – Year 5/6
	Friday	20	Mid Term Breakfast
	Monday	23	LOTE
	Thursday	26	Personal Development – Girls
	Friday	27	Visiting Artist – Labrinth In The Library

Greetings from the Office,

Reminders:

- Monday the 25th of April is a Public Holiday. The school will be closed for this day.
- Hats are required until the 1st of May. This is in line with our Sunsmart policy.
- Our school website is down and the administrator is working on getting it back up and running. In the meantime, the school newsletter will be emailed as per usual and will be posted on the school app, **tiqbiz**.
- Please remember to update your child's medical plans for asthma, anaphylaxis, or any other condition which impacts upon them at school.
- The Personal Development Program for year 5 and 6 students has moved back one week due to the presenter's absence.



Positive feedback is something we don't always remember to give but this week I received the most inspiring email complementing our students on their ability to self-start, collaborate co-operate, share ideas and encourage each

other. The 4/5 class was described as 'simply amazing'. What a joy for the year 4/5 students to have such a commendation of their learner behaviours.

Our teachers work hard on these skills as they lay the foundations for success in personal and professional settings. Well done to Mrs McKenzie and all of the staff who have contributed over the years to supporting this group to become such independent and self-starting learners who are able to value and incorporate each team members' skills and ideas.



ANZAC Commemorations



On Thursday I took our School Captains and Vice Captains to the Bannockburn Memorial to represent our school at a service lead by the Inverleigh RSL Sub Branch President, Mal

Johns. It was wonderful to have some parents from the school attending as well.

Our school leaders represented us with maturity and dignity as we remembered and commemorated the Australians and New Zealanders who served and died in all wars, conflicts, and peacekeeping operations, and the contribution and suffering of all who have served.

Lest we forget.

Mother's Day Stall

If you have donations of hand made or new goods for the Mother's Day Stall we would love to have them. We are also looking for clean metal tins (e.g. pineapple, peeled tomatoes) that we can use for one of the items. Please drop donations at the office. Thank you so much for your help!

Lethbridge Primary School Cross Country

In an oversight on the last day of term, the individual results for the cross country were left out of the newsletter.

Congratulations to the following students for their fantastic achievements:

	1st	2nd	3rd
Yr 6 Girls	Leah C	Alyssa	Chloe
Yr 6 Boys	Nigel	Zac	Jamie
Yr 5 Girls	Savvi	Emily	Miranda
Yr 4 Girls	Chelsea	Lily	Tahlia
Yr 4 Boys	Joel	Will B	Hugh
Yr 3 Girls	Jess	Eliza	Kiara
Yr 3 Boys	Josh	Mason	Jesse
Yr 2 Girls	Neve	Ruby	Lani
Yr 2 Boys	Archie	James	Adam
Yr 1 Girls	Ashley	Georgia	Liv
Yr 1 Boys	Tom M	Lachlan	Tom C
Prep Girls	Poppy	Frankie	Naia
Prep Boys	Matthew	Henry	Oliver

MVA Cross Country

A number of our students had continued success at the MVA Cross Country at Teesdale last Friday and those who are 10 years and over who placed in the top 3 will head to the District Athletics. *Please note, it is not a school-based decision to only send over 10's to the next level. We send our younger students to the MVA Cross Country competition to give them experience in this forum and encourage them to continue in their competitive running. This is an important part of our 3-6 sporting program and as such they are eligible to compete at the MVA level.*

Congratulations to the following students for their outstanding achievements:

Boys 12/13 – 2nd Nigel, 7th Jamie
Girls 12/13 – 1st Grace, 4th Leah C, 6th Alyssa, 8th Tegan

Boys 11 – 5th Jimmy, 6th Zac, 7th Brandon, 24th Adam, 25th William
Girls 11 – 5th Miranda, 14th Emily
Boys 9/10 – 1st Joel, 8th Will B, 14th Josh, 16th Mason, 24th Hugh, 38th Buckley
Girls 9/10 – 7th Jess, 10th Chelsea, 12th Tahlia, 20th Eliza

MVA Athletics

On Tuesday the students were finally able to participate in the MVA Athletics at Goldsworthy Reserve in Corio. The weather was perfect and so were our students. Congratulations to the winners of these Individual Championships:

Year 9

Will – 1st Shot Put, 2nd Discus

Jessica M – 1st 100m, 2nd High Jump, 2nd Hurdles

Year 10

Joel – 2nd Shot put, 2nd Discus, 3rd Long Jump, 1st 100m, 1st 200m, 3rd Hurdles

Chloe – 3rd Shot put

Year 11

Zac – 3rd Long Jump

Grace – 3rd Discus

Year 12

Brooke – 2nd shot put

Grace – 2nd Long jump

Morgan – 1st Discus

Alyssa - 2nd Triple jump, 2nd 100m, 2nd 200m

Congratulations to Shelford Primary School who were the overall winners on the day. Lethbridge students did very well and were overall 4th on the day.

MVA Winter Sports

Next Friday, all year 3 to 6 students will be travelling to Bannockburn Oval by bus, to participate in Netball, Soccer and Football matches against our Moorabool Valley Association Schools. They have been practising their skills at school and we are looking forward to some great competition on the day. Parents are welcome to attend and cheer on the students. As is always the case, please ensure that if you wish to take your child/ren home directly from the oval, you will need to see the teacher in charge first.

The note for this excursion has gone home today.

Walk, ride or scoot!

As you know, throughout the year we conduct many special events to encourage students to be active on their way to and from school. This is because even 30 minutes of exercise a day makes a significant difference to our overall health and wellbeing. Healthy habits start when we are young.

The Golden Plains Shire has provided me with some fantastic stickers that I can use all throughout the year to give to children who walk ride or scoot. I will be conducting random sticker days where I will have 'Walk to School'

stickers at the gate for anyone who comes from at least the park. My hope is that we can support families to make walking, riding or scooting to school a daily, or common practice so that it becomes a natural part of how we live more active lives.

Prep Uniform Support through Camps, Sports and Excursions Fund(CSEF) and State Schools Relief

As a part of the Affordable Uniform Program, Prep students who receive the CSEF qualify for a uniform pack voucher. This can be used at PSW (our school uniform supplier) to purchase: a basic windcheater and tracksuit pants OR a school rugby top.

If you are in receipt of the CSEF, you must approach the school to apply for the uniform voucher on your behalf. The voucher will be sent to the school or uniform shop to be passed on to you. The maximum voucher amount is \$57 and any shortfall must be covered by the parent.

A 'Fact Sheet for Parents' is included in this newsletter. For more information you can speak with me or visit

www.education.vic.gov.au/csef

Students in other year levels and students who don't qualify for the CSEF can speak with me if you are having difficulty purchasing a school uniform at any time. I am able to apply to State Schools Relief under their regular program.

NAPLAN 2016

Year 3 and 5 students will sit the NAPLAN tests on the 10th, 11th and 12th of May. These assessments are used to compare student performance across the country. The results come back to school some time after the testing is completed and are used primarily for whole school strategic planning.

If you have any questions or concerns about the NAPLAN testing, please don't hesitate to speak with myself or the class teachers.

Tips to help anxious kids cope, by Michael Grose

For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. "*Come on, get on with it,*" seems so obvious. Of course, this response is nowhere near adequate.

Most kids experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. These thoughts and feelings prompt them to proceed with caution.

But anxiety and fear can be paralyzing. Some kids simply can't stop their 'bad thoughts and feelings'. They can't silence the voice of fear that whispers to them continually.

Anxiety is a normal part of life and can be managed, but it takes time. It's also contagious so it's the job of parents to stay calm, think

clearly and role model confidence when kids get anxious.

Calm is created through your words, voice and facial expression. When children become anxious, help them recognise what's happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.

Accept your child's anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It's hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.

Is a child being negative when she doesn't want to join a new club because she thinks no one will like her, or is there something more going on? Try to confirm whether there is any validity in their fears. If not, point out diplomatically, that they may be catastrophising. If you feel there is reason for concern, help them to overcome their anxiety.

Challenge the validity of your child's fears and anxiety, using logic and rational thinking. Don't allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.

Encourage your child to overcome their anxiety through action.

Anxiety is normal, and part of everyday life. However, it can be debilitating unless it's managed. Anxiety management takes time for kids to learn, but it's one of those valuable life skills that parents can teach their kids.

Do you know someone who can help foster connection?

Every year, Victoria experiences a shortfall of more than 300 foster carers. These carers support the lives and outcomes of children and young people who cannot live with their families.

The Victorian Government are looking for individuals who can open their homes to the most vulnerable of Victorian children and young people.

It's the little things foster carers do for a child that make them amazing, like sharing a meal at the table or a trip to the footy.

Carers don't need to be superheroes, but by offering this support foster carers change the lives and outcomes of those most in need.

If you feel you can be a suitable carer, apply now to begin the foster care recruitment and training process. To find out more about the enquiry process,

see: www.fosteringconnections.com.au or call 1800 013 088.

Have a wonderful long weekend,

Mrs Barnett

STUDENTS OF THE WEEK

Principal's Award	JOEL For doing such a fantastic job at Athletics.
Prep C	LARNI For always demonstrating exemplary listening skills. You are a star Larni.
Prep M	AMBER For the fabulous writing that she has been doing. Well done on stretching out your sounds.
Grade 1 / 2B	WILL For his fantastic spelling attempts using syllables during science.
Grade 1 / 2S	MADELYN For working really hard during Maths this week.
Grade 3 / 4	SHAE For her always positive attitude and concentration during shared editing in her writing.
Grade 4 / 5	MATTHEW For continuing to display excellent understanding of the texts that he is reading.
Grade 5 / 6	TEGAN For being a fantastic role model for all the younger students.
ART	JONATHON G Outstanding clay skills and application in creating an animal.

No Netball 25th April - ANZAC holiday

Book Club: Orders due by Thursday 28th April.

Lethbridge Auskick



Registrations are now open for 2016.

Sessions will run each Sunday morning during term 2

Commencing Sunday 17th April at 10am.

Register and pay online at www.aflauskick.com.au

Enquiries to Jen Mead on 0407 889 176

Maude Fire Brigade

**Trash, Treasure
& Craft Market**

Where: Maude Rec Reserve
Steiglitz Rd, Maude

When: Sunday 1st May 2016
Opening at 9.00am

Brigade Stalls:

Sausage Sizzle

Food & Produce Stalls

White Elephant Stall

Tea & Coffee

Face painting & Clown



Also here on the day:

Mobile Coffee Van

Petting Zoo



And don't forget our Major raffle!

A trailer load of wood



Free Sites available - Stall holders required

Donations Optional

For enquiries & site bookings phone:

Kath: 5281 9301 Bev: 5282 8952 Bron: 5281 9239

Any donations of unwanted goods will be gratefully accepted for the Brigade Stall - Sorry no large electrical goods or TVs accepted

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Step 2. Find & Tick.



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Inside the menu, click on 'Find & Tick'.
Type our name into the search bar.
Select us from the results.



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Click the grey tick on the boxes that apply to you.
When the tick turns green, you're connected.



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newsletters, notices and calendar events.

Don't have a smartphone or tablet?
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Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Lethbridge Primary School is excited to be participating.

The Challenge is open to all Victorian children from birth to 16 years in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by the closing date of the challenge.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

If you would like your child to participate, please return the attached privacy and consent form.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll.

For more information about the Victorian Premiers' Reading Challenge and to view the booklists, visit: www.education.vic.gov.au/prc

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State Schools' Relief

Prep CSEF uniform support

Fact sheet for parents

Program background

As part of the Victorian Government's Affordable Uniform Program, every Prep government school student who is a recipient of the Camps, Sports and Excursion Fund (CSEF) automatically qualifies for a uniform pack voucher. Each year, State Schools' Relief (SSR) provides tens of thousands of children with school clothing, shoes and other essential items. For the first time SSR has received government funding so that it can help more families needing financial assistance, and ensure no one is left behind.

Eligibility requirements for CSEF can be found at www.education.vic.gov.au/csef

What uniform support is provided?

SSR will provide:

- A basic windcheater and tracksuit pants
OR one of the following
- A bomber jacket, rugby top, hoodie or zip jacket

How can parents apply for the uniform?

Parents must apply for CSEF by the closing date listed at www.education.vic.gov.au/csef before they approach the school to apply. Primary schools are required to make applications on behalf of parents at www.ssr.net.au/schools.

Once approved, the voucher will be dispatched electronically to the school, uniform shop or uniform supplier. The school will provide the voucher to the parent/student to present at the uniform retailer (and not at SSR).

What if parents have already purchased their child's uniforms?

Eligible parents who have already purchased their child's uniforms for the year can select items of a larger size from the retailer.

Can parents who are ineligible for CSEF or, who have children in other year levels receive assistance from SSR?

Yes. Applications for parents requiring financial assistance for uniforms, text books or shoes are encouraged via the regular SSR services – www.ssr.net.au/schools. SSR only responds to requests from schools (not from parents directly). Parents are encouraged to talk to their school principal, assistant principal or student welfare coordinator about their situation and they will assess their eligibility.

Terms and conditions

- Only CSEF recipients are eligible for the uniform packs.
- Each student is eligible for a single uniform pack.
- A voucher is dispatched electronically to the school, uniform shop or uniform supplier on approval. The school will provide the voucher to the parent/student to present at the uniform retailer (and not at SSR).
- The order is valid for 45 days from date of issue.
- Once expired, a new application must be lodged.
- Expired vouchers cannot be redeemed.
- Each voucher specifies the individual items funded by SSR.
- No change to the items can be made unless through the school.
- Changes made in store will not be honoured by SSR.
- The maximum voucher value is \$57 and any short fall will not be covered by SSR.
- The value of the voucher is a maximum value rather than an entitled amount. Should the value of the item be less than \$57 the difference will not be credit towards other items.

More information

Parents: For CSEF application details please visit

www.education.vic.gov.au/csef

Schools: For SSR applications please visit

www.education.vic.gov.au/ssr



Education
and Training

State Schools' Relief

Telephone: 03 8769 8400

Email: contact@ssr.net.au

Website: www.ssr.net.au

Planned Burns in your area

Lethbridge – Boonderoo

This letter is to advise you that a burn has been planned in your area and is scheduled to be carried out in the near future (see map). The **Lethbridge - Boonderoo** burn is prepared and ready to ignite when the conditions are suitable.

Planned burn details

Burn name: Lethbridge - Boonderoo

Size: 62 Ha

Location: 7km W of Lethbridge

Each year Department of Environment, Land, Water and Planning (DELWP), together with Parks Victoria and the Country Fire Authority, carries out a fuel management program in Victoria's public parks and forests to reduce the bushfire risk to communities, property and the environment.



The program includes planned burning, which involves the planned use of fire under carefully managed conditions to reduce fire fuel, such as dead wood, leaf litter, bark and shrubs. Burns are carried out near communities and in remote areas to help slow the spread and lessen the

intensity of damaging bushfires, and to help plants and animals that depend on fire to survive.

Please note – DELWP will only start this planned burn when we assess the fuel moisture and weather conditions, such as humidity, temperature and wind speed, as suitable. The decision to proceed is made on the day of the burn following monitoring of weather conditions and local fuel moisture levels.

To find out about planned burns near you

Visit www.delwp.vic.gov.au/burns-map

Call Victorian Bushfire Information Line 1800 240 667.

Visit Vic Emergency www.emergency.vic.gov.au

Download the FireReady app.

You may see or smell smoke from this burn – sometimes smoke may linger for a few days or more, particularly if there is more than one planned burn in the district.

If you, or someone you care for, experience any symptoms that may be due to smoke exposure, the Department of Health advises that you seek medical advice or call Nurse on Call on 1300 606 024.

Each burn is part of a three-year Fire Operations Plan that outlines where DELWP intends to carry out fire preparedness activities such as planned burning, clearing works and the construction of fuel breaks. You can also view the Fire Operations Plan for your area at www.delwp.vic.gov.au/burns.

If you require further information please contact the DELWP Midlands Fire Management team on 5335 0777

It is important to remember that fuel management on public land can only do so much – your household also needs to know how to be prepared and take action to reduce bushfire risk.

Planned Burns in your area

Thank you for your patience and understanding while we do this important work to better protect communities, property and the environment from the threat of bushfire.

Planned Burn Details

Lethbridge – Boonderoo



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GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



Lethbridge PS | 22nd April, 2016

This Week in OSHC...

... the children have spent a lot of time in small group activities. They were all working very well together; there was lots of great sharing and what sounded and looked like fun occurring each night. Zoobs provided hours of construction fun as children used them to make objects which they then used in their play.

Among the other activities set up for children, the children enjoy making 'Recycled Art', this is another area that engages children and provides them with opportunities to explore and create, I enjoy watching them put boxes, tubes and containers together. They can even explain what each part is and how it works, great minds!

Physical activities are always popular and this week children have participated in different active experiences both inside and out. Apart from enjoying climbing and moving around the school playground, other outside games of chase, hide and seek and some ball games were enjoyed on different nights. Inside we had a game of indoor cricket and musical bumps, which highlighted some great coordination and other skills.

I also want to thank all of our amazing families for their assistance in helping me to complete the paperwork. We have done well and have met my deadline! 😊

In relation to our indoor set up I have been talking to children about how the room looks and sounds to others, including other children in the room, visitors and families who enter the service. This discussion resulted in a room plan that includes a table set up for children's choice of activities, which they will set up and pack up before getting out another activity (instead of setting up additional tables) and also leaving an open space. I am also reminding children about comfortable noise levels and safe movement when inside. I am happy with their acceptance of boundaries and their cooperation when asked to work within them.

A public holiday on **Monday, 25th April** for **ANZAC DAY** = no OSHC on this day, we will be open as usual on Tuesday.

A list of locations and times can be found on line at <http://www.bannews.com.au/cms/news/2043/57/ANZAC-Day-Services-2016/>. Take care and enjoy your weekend, see you next week.

Sharon

visit www.campastralia.com.au

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